

DEFENSIVE DRIVING

Safe Techniques For Car, Van & Truck Drivers

**GROW YOUR TALENT,
GROW YOUR ORGANISATION.**

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DEFENSIVE DRIVING FUNDAMENTALS & ROAD SAFETY AWARENESS



MODULE 1, 2, 3

1. **Change Attitudes in Driving**
 - Driver mindset, responsibility, and safe driving behaviour
 - Risk awareness and attitude change to prevent accidents
2. **Understand The Vehicles**
 - Vehicles characteristics
 - Main Systems of Vehicles
 - Main Components of the Vehicles
 - Tips on Vehicle Inspection
3. **Safe Driving Etiquettes and Prevention of Accidents**
 - Ethics / Etiquette in Driving
 - Factors to Accidents
 - Causes of Accidents
 - Unsafe Driving Condition
 - Tips in Reducing Accidents
 - Road Transport Act 1987



MODULE 4, 5, 6

4. **Systematic Driving**
 - Defensive Driving Concept
 - Identify obstruction and dangers
 - Avoid collisions and accidents
 - Guideline on how to carry a load
 - Procedure laid vehicles
5. **Fatigue Management**
 - Causes and signs of driver fatigue
 - Managing fatigue to maintain alertness and driving safety
6. **Vehicle Inspection – Practical Session**
 - Vehicle Inspection – Practical Session.
 - Systematic Vehicle Inspection
 - Identify Components
 - Identify Damage Vehicle Components
 - Vehicle Damage Reports



PRACTICAL DEFENSIVE DRIVING SKILLS & VEHICLE CONTROL



MODULE 7

7. **Practical activities (Reversing)**
 - Slalom
 - Cadence Braking
 - Avoiding Obstacles
 - Parking



MODULE 8

8. **Practical Driving Session**
 - Traffic observation
 - Identify barriers and Avoiding Obstruction
 - Designing Traffic
 - Vehicle Control, Action and stability of the vehicle
 - Comply with the rules of the road
 - Vehicle control skills
 - Attitude



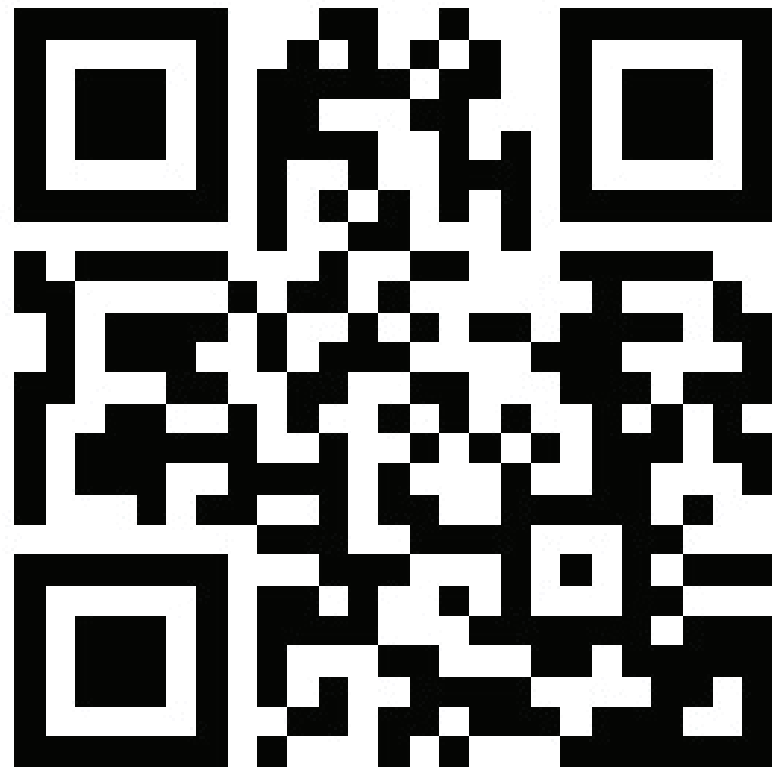
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